

# Public Health Update

# What's New in Public Health?

#### **New Team Members**

This week, we would like to welcome the newest members of our team:



# **Kathy Broce**



- Kathy is the newest member on our team of <u>Public</u> <u>Health Registered Nurses</u>. For 15 years, Kathy has worked as a Registered Nurse in a variety of roles, including as a labor and delivery nurse, as a charge nurse in an emergency room, and as a same-day nurse in a surgical department.
- In her spare time, Kathy enjoys spending time with her husband and two daughters and venturing outdoors to hunt with her husband and tend to her cows and chickens.





- Jean is our new Healthy Start Home Visitor. She has has held a variety of positions within the Winfield community, including as a property/casualty insurance agent and as a team leader in a multispecialty clinic.
- Jean is a mother to four children of various ages. For over 25 years, Jean has operated a childcare center in her home, helping to take care of numerous Cowley children.
- Jean has a special fondness for children and an admiration for all things a mother does. She is excited to share some of her own experiences with new mothers embarking on what she describes as "a beautiful and sometimes overwhelming journey."

# **National Nurses Week**

National Nurses Week is an important time of the year for all of us to show our appreciation and gratitude for the nurses in our lives!

## **National Nurses Week starts on May** 6th until May 12th.

Join us on social media as we highlight our Public Health Nurses here at the Health Department and the vital work they do to protect the health of Cowley County residents!

If there's a nurse in your life, be sure to show them your appreciation for their hard work and dedication!

# **COVID Dashboard**



7 Day Rolling Average of New **COVID Cases** 



#### **Guidance**:

The current Community COVID Level is Low. We recommend adhering to our usual guidelines for staying safe from illness:

- Stay home if you feel ill. Do not resume normal activities until you have fully recovered.
- If ill, isolate from others to avoid spreading illness.
- If you develop symptoms of illness, get tested to determine if you are infected.
- Wash your hands frequently and use hand sanitizer.
- Clean high touch surfaces (doors, counters, etc.) with disinfecting cleaners.
- If desired, wear a mask that properly covers your nose and mouth while in public.

# **Upcoming Events**

### The Health & Safety Fair

There's just over 2 weeks until this year's fair! With over 50 exhibitors, there will be lots to see, new things to learn, and much to do! Attend and you could learn how to use a fire extinguisher with the Winfield Fire Department, or

check out some gardening tips from K-State's Master Gardeners, and so much more!

Plus, this year, we've got some great prizes up for grabs including a brand new bike from Walnut Valley Outpost, a Samsung Galaxy A7 Tablet, Fitbits, and more! Attend, and you just might win a prize!

The fair returns to the **Winfield Fairgrounds on Saturday** May 6th, from 9:00am to 12:00pm. Follow the Facebook page for more information and for all the latest updates! facebook.com/CowleyCountyHealthFair

